



Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life (Series in Death, Dying, and Bereavement)

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This text is a valuable resource for clinicians who work with clients dealing with non-death, nonfinite, and ambiguous losses in their lives. It explores adjustment to change, transition, and loss from the perspective of the latest thinking in bereavement theory and research. The specific and unique aspects of different types of loss are discussed, such as infertility, aging, chronic illnesses and degenerative conditions, divorce and separation, immigration, adoption, loss of beliefs, and loss of employment. Harris and the contributing authors consider these from an experiential perspective, rather than a developmental one, in order to focus on the key elements of each loss as it may be experienced at any point in the lifespan. Concepts related to adaptation and coping with loss, such as resilience, hardiness, meaning making and the assumptive world, transcendence, and post traumatic growth are considered as part of the integration of loss into everyday life experience.

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Editorial Review

Review

"Counting Our Losses attends to the non-death losses that we encounter on a regular basis, although we often fail to appreciate their prevalence and their import. It provides a treasure trove of insights and guidance for counselors who seek to help individuals cope with these daunting challenges." - **Charles A. Corr, PhD, Vice-Chair of Suncoast Institute, the research and education affiliate of Suncoast Hospice in Clearwater, Florida**

"Dr. Harris has, not only through her own contributions in this volume on loss, but also those of her carefully selected group of leading researchers and clinicians, advanced our understanding of the psychological meaning and implications of loss. This is a highly relevant work for both researchers and clinicians who focus their energies in work with individuals across all aspects of the lifespan." - **Alan Leschied, PhD, CPsych, Psychologist and Professor, The University of Western Ontario**

"This book is a wonderful gift. It expands our perspective on the significant but too often disenfranchised losses that affect so many. This work will become a classic, broadening our understanding of grief." - **Kenneth J. Doka, PhD, Professor of Gerontology, The College of New Rochelle**

"The issue of nonfinite loss has been ignored in the literature for a long time. Dr. Harris' sensitive treatment of this issue will help clinicians understand the wide range of losses that affect all people. It also provides us with a roadmap to help us work more effectively with our clients in order to help them heal." **Howard R. Winokuer, PhD, The Winokuer Center for Counseling and Healing; Past President, Association for Death Education and Counseling**

"This beautifully written collection represents a major contribution to the theoretical and clinical literature on grief and loss. It is unique in its attention to the many unacknowledged, hidden, and silent losses that shape the course of human lives. It should be essential reading for all health care and mental health professionals." **Judith Daniluk, PhD, Professor of Counselling Psychology, University of British Columbia**

"[This] is a volume that is practical in its purpose, sweeping in its scope, and occasionally poetic in its prose. Far from leaving the reader mired in hopelessness in response to life's ineluctable losses, it offers a compassionate vision within which to engage them, moving from grief to growth, and from reassessment to resilience." **From the Foreword by Robert Neimeyer, PhD, Professor, Department of Psychology, University of Memphis**

"Rare is the photographer who can adjust the lens for the widest sweep while giving equal care to the hidden, uncertain, and ignored. With Counting Our Losses, we have the lens work of editor Darcy Harris and 22 contributors, the compilation of both the wide sweep and the focused. It is all here, from the loss of a world view to a lost sense of justice, to diminished self-worth or lost relationships, this book is a summons bearing your name." **Richard B. Gilbert, PhD, DMin, CT, author, speaker, resource consultant, professor, Mercy College, New York**

About the Author

King's University College, London, Ontario, Canada

Users Review

From reader reviews:

Estella Powell:

Why don't make it to be your habit? Right now, try to ready your time to do the important take action, like looking for your favorite publication and reading a e-book. Beside you can solve your condition; you can add your knowledge by the publication entitled Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life (Series in Death, Dying, and Bereavement). Try to make book Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life (Series in Death, Dying, and Bereavement) as your good friend. It means that it can for being your friend when you experience alone and beside associated with course make you smarter than before. Yeah, it is very fortuned in your case. The book makes you far more confidence because you can know everything by the book. So , we need to make new experience as well as knowledge with this book.

David Kane:

This Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life (Series in Death, Dying, and Bereavement) usually are reliable for you who want to be described as a successful person, why. The reason of this Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life (Series in Death, Dying, and Bereavement) can be one of many great books you must have is giving you more than just simple studying food but feed an individual with information that perhaps will shock your prior knowledge. This book is usually handy, you can bring it almost everywhere and whenever your conditions in e-book and printed kinds. Beside that this Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life (Series in Death, Dying, and Bereavement) forcing you to have an enormous of experience like rich vocabulary, giving you test of critical thinking that we know it useful in your day activity. So , let's have it appreciate reading.

Kelly Breedlove:

Playing with family inside a park, coming to see the ocean world or hanging out with buddies is thing that usually you will have done when you have spare time, then why you don't try matter that really opposite from that. One particular activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life (Series in Death, Dying, and Bereavement), it is possible to enjoy both. It is good combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout fellas. What? Still don't buy it, oh come on its referred to as reading friends.

Robert Cox:

On this era which is the greater individual or who has ability in doing something more are more treasured

than other. Do you want to become one among it? It is just simple way to have that. What you need to do is just spending your time not very much but quite enough to enjoy a look at some books. On the list of books in the top record in your reading list is actually Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life (Series in Death, Dying, and Bereavement). This book which can be qualified as The Hungry Hills can get you closer in turning into precious person. By looking upward and review this publication you can get many advantages.

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