



Heading Home With Your Newborn: From Birth to Reality

By Laura A. Jana, Jennifer Shu

Download now

Read Online ➔

Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu

The new edition of this bestselling guide to newborn care has been fully revised and updated. Written by two pediatricians and focusing on the first few months of an infant's life, *Heading Home With Your Newborn*, 3rd Edition, includes new information on breastfeeding and the involvement of allergies, formula options, vitamins and supplements (vitamins, iron, fluoride, probiotics), sleep, extended stay in strapped-in positions(car seats, bouncy chairs), swaddling, diaper options, the impact of social media sharing, and capturing moments/sharing memories.

[!\[\]\(003082e50e3009141f59bd5df831749f_img.jpg\) **Download** Heading Home With Your Newborn: From Birth to Real ...pdf](#)

[!\[\]\(17413706fd4997a1a4bdf85c6864eee1_img.jpg\) **Read Online** Heading Home With Your Newborn: From Birth to Re ...pdf](#)

Heading Home With Your Newborn: From Birth to Reality

By Laura A. Jana, Jennifer Shu

Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu

The new edition of this bestselling guide to newborn care has been fully revised and updated. Written by two pediatricians and focusing on the first few months of an infant's life, *Heading Home With Your Newborn*, 3rd Edition, includes new information on breastfeeding and the involvement of allergies, formula options, vitamins and supplements (vitamins, iron, fluoride, probiotics), sleep, extended stay in strapped-in positions(car seats, bouncy chairs), swaddling, diaper options, the impact of social media sharing, and capturing moments/sharing memories.

Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu
Bibliography

- Sales Rank: #22273 in Books
- Brand: American Academy of Pediatrics
- Published on: 2015-06-09
- Original language: English
- Number of items: 1
- Dimensions: 8.90" h x .80" w x 6.00" l, .0 pounds
- Binding: Paperback
- 375 pages

 [Download Heading Home With Your Newborn: From Birth to Real ...pdf](#)

 [Read Online Heading Home With Your Newborn: From Birth to Re ...pdf](#)

Download and Read Free Online Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu

Editorial Review

About the Author

Dr. Laura Jana is an Omaha-based pediatrician, health communicator, and the award-winning author of *Heading Home with Your Newborn* and *Food Fights*. Dr. Jana served as a consultant to Dr. Benjamin Spock and is recognized nationally for her ongoing efforts to promote healthy lifestyles for children.

Dr. Jennifer Shu is an Atlanta-based, board-certified pediatrician and mom. Her passion is helping families build healthy habits...one baby step at a time. After all, it's easier to continue good habits than to break bad ones. In addition to practicing pediatrics, she is an author, consultant and frequent media guest.

Users Review

From reader reviews:

Angie Dean:

Reading a book can be one of a lot of exercise that everyone in the world adores. Do you like reading book and so. There are a lot of reasons why people enjoyed. First reading a e-book will give you a lot of new facts. When you read a e-book you will get new information mainly because book is one of several ways to share the information or even their idea. Second, examining a book will make you actually more imaginative. When you studying a book especially fictional book the author will bring someone to imagine the story how the figures do it anything. Third, you are able to share your knowledge to other individuals. When you read this *Heading Home With Your Newborn: From Birth to Reality*, it is possible to tells your family, friends as well as soon about yours book. Your knowledge can inspire different ones, make them reading a publication.

Paula Mendoza:

The publication untitled *Heading Home With Your Newborn: From Birth to Reality* is the guide that recommended to you to read. You can see the quality of the book content that will be shown to you. The language that author use to explained their ideas are easily to understand. The article writer was did a lot of research when write the book, to ensure the information that they share to your account is absolutely accurate. You also might get the e-book of *Heading Home With Your Newborn: From Birth to Reality* from the publisher to make you more enjoy free time.

Joseph Jackson:

The book *Heading Home With Your Newborn: From Birth to Reality* has a lot associated with on it. So when you read this book you can get a lot of profit. The book was compiled by the very famous author. The writer makes some research just before write this book. This kind of book very easy to read you can find the point easily after reading this article book.

Joseph Fulkerson:

Do you have something that you want such as book? The book lovers usually prefer to opt for book like comic, limited story and the biggest some may be novel. Now, why not seeking Heading Home With Your Newborn: From Birth to Reality that give your enjoyment preference will be satisfied by simply reading this book. Reading addiction all over the world can be said as the method for people to know world a great deal better then how they react to the world. It can't be claimed constantly that reading behavior only for the geeky man or woman but for all of you who wants to end up being success person. So , for every you who want to start looking at as your good habit, you can pick Heading Home With Your Newborn: From Birth to Reality become your personal starter.

**Download and Read Online Heading Home With Your Newborn:
From Birth to Reality By Laura A. Jana, Jennifer Shu
#4HS530GZQAC**

Read Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu for online ebook

Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu books to read online.

Online Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu ebook PDF download

Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu Doc

Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu Mobipocket

Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu EPub

4HS530GZQAC: Heading Home With Your Newborn: From Birth to Reality By Laura A. Jana, Jennifer Shu