



Allies in Healing: When the Person You Love Was Sexually Abused as a Child

By Laura Davis

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"But what about me?"

"Is it possible to go one day without dealing with the survivor's issues?"

"Will we ever make love again?"

"Will the survivor love me in the end?"

"How do I know if I should throw in the towel?"

Based on in-depth interviews and her workshops for partners across the country, Laura Davis offers practical advice and encouragement to all partners—girlfriends, boyfriends, spouses, and lovers—trying to support the survivors in their lives while tending to their own needs along the way. She shows couples how to deepen compassion, improve communication, and develop an understanding of healing as a shared activity. Addressing partners' most important questions, *Allies in Healing* covers:

- The Basics—answers common questions about sexual abuse.
- Allies in Healing—introduces key concepts of working and growing together.
- My Needs and Feelings—teaches partners to recognize, value, and express their own needs.
- Dealing with Crisis—includes strategies for handling suicidal feelings, regression, and hopelessness.
- Intimacy and Communication—offers practical advice on dealing with distancing, control, trust, and fighting.
- Sex—provides guidelines for coping with flashbacks, lack of desire, differences in sexual needs, and frustration.
- Family Issues—suggests a range of ideas for interacting with the survivor's family.
- Partners' Stories—explores the struggles, triumphs, and courage of eight partners.



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Editorial Review

Review

"Partners can now feel supported and guided in their quest for healing--for themselves and for those they love and cherish."--Dan Sexton, Childhelp, U.S.A

About the Author

Laura Davis is the author of *The Courage to Heal Workbook*, *Allies in Healing*, *Becoming the Parent You Want to Be*, and *I Thought We'd Never Speak Again*. She teaches writing and lives with her family in Santa Cruz, California.

Users Review

From reader reviews:

Cheri Whaley:

Precisely why? Because this Allies in Healing: When the Person You Love Was Sexually Abused as a Child is an unordinary book that the inside of the reserve waiting for you to snap that but latter it will distress you with the secret that inside. Reading this book next to it was fantastic author who all write the book in such awesome way makes the content inside of easier to understand, entertaining method but still convey the meaning entirely. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of positive aspects than the other book have such as help improving your expertise and your critical thinking technique. So , still want to delay having that book? If I were being you I will go to the e-book store hurriedly.

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