



Will and Spirit: A Contemplative Psychology

By Gerald G. May

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Will and Spirit: A Contemplative Psychology By Gerald G. May Bibliography

- Sales Rank: #234833 in Books
- Published on: 1987-06-03
- Released on: 1987-06-03
- Original language: English
- Number of items: 1
- Dimensions: 9.25" h x .84" w x 6.13" l, .95 pounds
- Binding: Paperback
- 368 pages



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Editorial Review

About the Author

Gerald G. May, M.D. (1940-2005), practiced medicine and psychiatry for twenty-five years before becoming a senior fellow in contemplative theology and psychology at the Shalem Institute for Spiritual Formation in Bethesda, Maryland. He was the author of many books and articles blending spirituality and psychology, including *Addiction and Grace*, *Care of Mind/Care of Spirit*, *Will and Spirit*, and *The Dark Night of the Soul*.

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