



Extraordinary Putting: Transforming the Whole Game

By Fred Shoemaker, Jo Hardy

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The co-author of the classic *Extraordinary Golf* offers an innovative approach to improving the overall game by focusing on putting, which accounts for more than one third of the strokes in a typical round. Not just a tips-and-techniques book, *Extraordinary Putting* features a series of illustrated exercises that will help golfers:

- Develop the inner freedom to trust themselves and recognize self-imposed barriers
- Find the peace of mind that comes from letting go of mental chatter and self-judgments
- Increase awareness, allowing golfers to pay attention to their experiences
- Understand the differences in those experiences from stroke to stroke - Master the art of self-coaching

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Editorial Review

About the Author

Fred Shoemaker, who began teaching golf in the seventies, is the founder of Extraordinary Golf® named one of **Golf Magazine's** "25 Best Golf Schools" in America. He lectures and conducts workshops around the world for such organizations as the PGA and the LPGA and for major corporations, including Apple Computer, Oracle, and Pfizer.

Jo Hardy is CEO of Extraordinary Golf. She and Fred Shoemaker are married and live in Carmel, California.

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