



# Finding Audrey

*By Sophie Kinsella*

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**Finding Audrey** By Sophie Kinsella

**A *New York Times* Bestseller & A ZOELLA Book Club Pick!**

From the #1 *New York Times* bestselling author of the Shopaholic series comes a terrific blend of comedy, romance, and psychological recovery in a contemporary YA novel sure to inspire and entertain.

An anxiety disorder disrupts fourteen-year-old Audrey's daily life. She has been making slow but steady progress with Dr. Sarah, but when Audrey meets Linus, her brother's gaming teammate, she is energized. She connects with him. Audrey can talk through her fears with Linus in a way she's never been able to do with anyone before. As their friendship deepens and her recovery gains momentum, a sweet romantic connection develops, one that helps not just Audrey but also her entire family.

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## **Finding Audrey By Sophie Kinsella Bibliography**

- Sales Rank: #88324 in Books
- Published on: 2015-06-09
- Released on: 2015-06-09
- Original language: English
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- Binding: Hardcover
- 304 pages

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## Editorial Review

From School Library Journal

Gr 7 Up—The author of the wildly popular "Shopaholic" series (Dial) for adults, has a surefire winner in her YA debut. Audrey doesn't go to school, wears dark glasses all the time, and rarely leaves her house. Mum and Dad are gently encouraging and helpful and try to assist Audrey in recovering from her debilitating anxiety disorder, for which she has recently been released from hospital care. Brother Frank is a computer gaming fanatic, and four-year-old brother Felix is a cute foil for the drama going on in the rest of the household. Readers are left pondering why is Audrey so anxious—what happened? Kinsella never explicitly reveals what triggered the protagonist's anxiety. The expert and sympathetic depiction of the teen's symptoms and emotions is the strongest part of the novel. Unfortunately, Audrey's rapid recovery once she meets a cute guy rings a bit false, or at least, a too conveniently clichéd, but tweens and teens may enjoy the portrayal of the hasty romance. Sparkling dialogue, carefully developed characters, great parent-child interaction, and a bit of rom-com all join to demonstrate the author's expertise in developing a compelling story. **VERDICT** A deep and sensitive portrayal of a British teen's recovery from a traumatic experience. Expect requests!—Susan Riley, Mamaroneck Public Library, NY

Review

### **PRAISE FOR *FINDING AUDREY*:**

**"An outstanding tragicomedy** that gently explores mental illness, the lasting effects of bullying, and the power of friends and loving family to help in the healing."

—*Kirkus Reviews*, Starred Review

**"Kinsella's knack for humor and sensitivity shine."**—*Publishers Weekly*

**"It's fun, it's quick, it's cute,** but it also focuses on deeper topics with maturity and responsibility."—*The Guardian* (UK)

**"With her trademark wit and sass, Kinsella's sensitivity broaches the complexities of young adult mental health.** [Her] Shopaholic series has long been popular with teens, and her YA debut will likely be just as happening, maybe even among Kinsella's adult readers."—*Booklist*

**"Sparkling dialogue,** carefully developed characters, great parent-child interaction . . . all join to demonstrate the author's expertise in developing a compelling story."—*School Library Journal*

**A *New York Times* Bestseller**

**A ZOELLA Book Club Pick**

### **PRAISE FOR SOPHIE KINSELLA:**

"A Sophie Kinsella novel is like a box of Valentine's Day chocolates." —*USA Today*

"Kinsella has a genuine gift for comic writing."—*The Boston Globe*

About the Author

SOPHIE KINSELLA is the author of the bestselling Shopaholic series and the novels *Can You Keep a Secret?*, *The Undomestic Goddess*, *Remember Me?*, *Twenties Girl*, *I've Got Your Number*, and *Wedding Night*. *Confessions of a Shopaholic* was turned into a Hollywood movie. She lives in England.

Visit her online at [sophiekinsella.com](http://sophiekinsella.com) and follow Sophie Kinsella on Twitter, Facebook, and Instagram.

## **Users Review**

### **From reader reviews:**

#### **Ruth Ward:**

What do you with regards to book? It is not important with you? Or just adding material when you really need something to explain what the ones you have problem? How about your time? Or are you busy man or woman? If you don't have spare time to do others business, it is gives you the sense of being bored faster. And you have time? What did you do? Every individual has many questions above. They have to answer that question since just their can do this. It said that about e-book. Book is familiar on every person. Yes, it is right. Because start from on kindergarten until university need this particular Finding Audrey to read.

#### **Nicole Floyd:**

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#### **William Kozak:**

Why? Because this Finding Audrey is an unordinary book that the inside of the publication waiting for you to snap the idea but latter it will shock you with the secret this inside. Reading this book alongside it was fantastic author who all write the book in such amazing way makes the content inside of easier to understand, entertaining means but still convey the meaning completely. So , it is good for you for not hesitating having this nowadays or you going to regret it. This excellent book will give you a lot of advantages than the other book have got such as help improving your proficiency and your critical thinking technique. So , still want to hold up having that book? If I have been you I will go to the publication store hurriedly.

#### **Gloria Engstrom:**

Playing with family in a very park, coming to see the marine world or hanging out with pals is thing that usually you could have done when you have spare time, in that case why you don't try issue that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Finding Audrey, you are

able to enjoy both. It is excellent combination right, you still desire to miss it? What kind of hangout type is it? Oh seriously its mind hangout guys. What? Still don't buy it, oh come on its named reading friends.

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