



## Health Education: Critical perspectives (Routledge Research in Education Policy and Politics)

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### Health Education: Critical perspectives (Routledge Research in Education Policy and Politics) From Routledge

*Health Education: Critical perspectives* provides a socio-cultural and critical approach to health education. The book draws together international experts in the fields of health and education who deconstruct contemporary discourses and practices, and re-imagine a health education that both connects with young people and offers a way forward in addressing issues of health and wellbeing.

Chapters within specifically link academic work on neoliberalism, healthism, risk and the body to wider discourses of health and health education. They challenge current practices and call for a re-thinking of current health programs in education settings. A unique feature of this book is the analyses of health education from both political and applied levels across a range of international contexts.

The book is divided into three sections:

- the social and political contexts informing health education
- how individual health issues (sexuality, alcohol, mental health, the body and obesity, nutrition) articulate in education in complex ways
- alternative ways to think about health and health education pedagogy.

The overall theme of the book offers a perspective that the current approach to health education – promoting a fear of ill health, self-surveillance and individual responsibility – can become a form of health fascism, and we need to be cognisant of this potential and its consequences for young people. The book will be of key interest to academics and researchers exploring the political context of health education.

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### **Editorial Review**

#### **About the Author**

**Katie Fitzpatrick** is a Senior Lecturer in Health and Physical Education in the Faculty of Education at the University of Auckland, New Zealand. She has published in the areas of multicultural education, research methodology and health and physical education, as well as previously being an experienced high school teacher and national policy developer.

Richard Tinning is Professor of Physical Education in the Faculty of Education at the University of Auckland, New Zealand, and Professor of Pedagogy and Physical Education in the School of Human Movement Studies at the University of Queensland, Australia. Richard was one of the early advocates of critical pedagogy within physical education and has written extensively on teacher education for HPE and the relationship between physical education and health education.

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