



# Real Relationships Workbook: From Bad to Better and Good to Great

By *Les Parrott, Leslie Parrott*

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## Real Relationships Workbook: From Bad to Better and Good to Great By Les Parrott, Leslie Parrott

The better your relationships—with friends, family, the opposite sex, and God—the better your life. This six-session video-based study (DVD sold separately) with workbook by acclaimed relationship experts Drs. Les and Leslie Parrott, will help group participants learn to make bad relationships better and good relationships great. It all begins with a single sentence that can revolutionize every relationship. After sharing this one critical point, Les and Leslie encourage participants to take a look back at their own family, which they call a “university of relationships”. Next, they provide the tools for bridging the gender gap and cultivating “friends of the heart” as well as how to improve what they call the Love IQ. Ultimately, participants will discover how to peel away unhealthy religious clichés and get real about relating to God. Designed for use with Real Relationships innovative Small Group Insights Profile, an online tool guaranteed to improve the quality of your small group interactions, this video-based study is a must-have for anyone who desires deeper and more satisfying relationships. For more information, visit [www.RealRelationships.com](http://www.RealRelationships.com). Real Relationships session titles include: 1. Your Compulsion for Completion 2. Keeping Family Ties from Pulling Strings 3. Bridging the Gender Gap 4. Friends to Die For 5. Improving Your Love IQ 6. Relating to God without Feeling Phony

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### **Editorial Review**

#### **About the Author**

A psychologist and a marriage and family therapist, Drs. Les and Leslie Parrott are founders of the Center for Relationship Development at Seattle Pacific University. Their bestselling books include *Love Talk*, *Crazy Good Sex The Complete Guide to Marriage Mentoring*, and the award-winning *Saving Your Marriage Before It Starts*. Their work has been featured in *The New York Times* and *USA Today*, and they have appeared on CNN, O'Reilly Factor, Good Morning America, Today Show, The View, and Oprah. They live with their two sons in Seattle. Visit [LesandLeslie.com](http://LesandLeslie.com).

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