



# What Color Is Your Parachute? for Teens, Third Edition: Discover Yourself, Design Your Future, and Plan for Your Dream Job

By Carol Christen, Richard N. Bolles

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**This updated career guide for teens draws on the principles of *What Color Is Your Parachute?* to help high school and college students zero in on their favorite skills and find their perfect major or career.**

No idea what you want to be? No worries! This fun, rewarding guide draws on the time-tested principles of the career classic *What Color Is Your Parachute?* to help you discover your passions, skills, and potential college majors and dream jobs.

Why now? Because when you identify your interests and passions early, you can make informed decisions on what additional schooling (and tuition debt) makes sense for your chosen field.

With fresh updates on the specific challenges of today's job-market, this new edition features activities and advice on information interviewing, social media, internships, and more. Most importantly, it's packed with big-picture advice that will set you up to land the job that's perfect for who you are—and who you want to be.

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### Editorial Review

#### Review

“Discover and explore your personal path with the help of this excellent book. Use Christen’s step-by-step exercises, along with careful planning and hard work, to launch a successful career.”

—Steven Roy Goodman, educational consultant and coauthor of *College Admissions Together*

“After long nights of losing sleep and worrying about what career would both satisfy me and benefit my life in the future, I found my answer among the many informative and interactive pages of this book. It has lead me down the right track toward the profession of my dreams and taught me a lot about myself along the way.”

—Alison Mantell, college freshman at Montana State University

#### About the Author

**CAROL CHRISTEN** is a career strategist who has worked extensively with teenagers and young adults. She lives with her husband in Butte, Montana.

**RICHARD N. BOLLES** is the author of *What Color Is Your Parachute?* He lives in the San Francisco Bay Area.

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Discovery Exercise

#### How to Find What You Love to Do: Identify Your Skills

*Scan your mind back over the last month. Did you complete any tasks successfully? What were they? Did you enjoy them?*

You begin to identify your skills by looking at your life. Think about projects you have completed, recent problems that you solved, your hobbies, and the activities you do for fun. These can be experiences from your school, volunteer work, paid work, or free time. Select a project or activity you’ve enjoyed that had an outcome—writing a paper, helping to organize an event, or learning something new, such as a sport or hobby.

Rich Feller, professor of career development and author of the book *Knowledge Nomads and the Nervously Employed*, says that 70 percent of our skills come from challenges, 20 percent from watching others, and 10 percent from classes and reading. Pick a story to write from any of these three categories. If you’re stumped about what might make a good skills story, look particularly at challenges you have overcome. Once you’ve thought of a story, write a short paragraph that describes how you completed your project or worked out a solution to the problem you had. (Need a little inspiration on what kind of story to write? See the Student Example on page 12.)

Now give your project, problem, or activity a title. Then answer these questions:

**Goal or Problem:** What was your goal—that is, what were you trying

to accomplish, or what was the problem you were trying to solve?

Any time you have a goal that challenged you, you'll find lots of skills.

**Obstacles:** What made achieving your goal (or solving the problem) difficult? How did you overcome these obstacles?

**Time Frame:** How long did it take you to achieve your goal or solve your problem? Using an overlong time frame can often hide skills.

If solving a particular problem took several years, pick an especially challenging part of that problem.

**Outcome:** What happened? Did things go as you expected, or did something unexpected happen?

## **Users Review**

### **From reader reviews:**

#### **Jackie Sneller:**

Do you have favorite book? In case you have, what is your favorite's book? Guide is very important thing for us to learn everything in the world. Each publication has different aim or perhaps goal; it means that book has different type. Some people feel enjoy to spend their time to read a book. They are reading whatever they get because their hobby is reading a book. Why not the person who don't like reading a book? Sometime, particular person feel need book once they found difficult problem or even exercise. Well, probably you will need this What Color Is Your Parachute? for Teens, Third Edition: Discover Yourself, Design Your Future, and Plan for Your Dream Job.

#### **Carole Clark:**

Book will be written, printed, or descriptive for everything. You can realize everything you want by a guide. Book has a different type. To be sure that book is important point to bring us around the world. Alongside that you can your reading ability was fluently. A book What Color Is Your Parachute? for Teens, Third Edition: Discover Yourself, Design Your Future, and Plan for Your Dream Job will make you to be smarter. You can feel considerably more confidence if you can know about every little thing. But some of you think which open or reading a new book make you bored. It is not make you fun. Why they may be thought like that? Have you looking for best book or suitable book with you?

#### **Patricia Sax:**

What do you with regards to book? It is not important with you? Or just adding material if you want something to explain what your own problem? How about your extra time? Or are you busy individual? If you don't have spare time to try and do others business, it is make you feel bored faster. And you have spare time? What did you do? Everybody has many questions above. They should answer that question mainly because just their can do that will. It said that about book. Book is familiar on every person. Yes, it is correct. Because start from on pre-school until university need that What Color Is Your Parachute? for Teens, Third Edition: Discover Yourself, Design Your Future, and Plan for Your Dream Job to read.

**Earnest Koontz:**

Reading a book tends to be new life style with this era globalization. With reading through you can get a lot of information that will give you benefit in your life. With book everyone in this world could share their idea. Ebooks can also inspire a lot of people. Many author can inspire their reader with their story or even their experience. Not only the storyline that share in the guides. But also they write about the information about something that you need case in point. How to get the good score toefl, or how to teach your children, there are many kinds of book that you can get now. The authors on earth always try to improve their talent in writing, they also doing some investigation before they write with their book. One of them is this What Color Is Your Parachute? for Teens, Third Edition: Discover Yourself, Design Your Future, and Plan for Your Dream Job.

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