



# Men Are Like Waffles--Women Are Like Spaghetti: Understanding and Delighting in Your Differences

By Bill Farrel, Pam Farrel

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## Reduce the Stress in Your Most Important Relationships! (Love and Marriage)

With over 300,000 copies sold, bestselling authors Bill and Pam Farrel help you find the humor in yourself as you gain biblical wisdom, solid insight, and workable skills to help your relationships flourish --all served up in just the right combination so that readers can feast on enticing ways to

- keep communication cooking
- let gender differences work for--not against--them
- help each other relieve stress
- achieve fulfillment in romantic relationships
- coordinate parenting so kids get the best of both Mom and Dad

The Farrels explain why a man is like a waffle (each element of his life is in a separate box) and a woman is like spaghetti (everything in her life touches everything else). End-of-chapter questions and exercises make this unique and fun look at the different ways men and women regard life a terrific tool for not only marriage, but also for a reader's relationships at work, at home, at church, and with friends.

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### Editorial Review

#### Review

"I just completed reading Bill and Pam Farrel's, *Men Are Like Waffles—Women Are Like Spaghetti*. I found myself laughing out loud at the illustrations and descriptions of the different ways men and women react to each other and the tasks involved in married life. I thoroughly enjoyed the way the Farrel's balanced sound research with amusing anecdotes and biblical reference's insight. I know I will be using this book often for marriage seminars and retreats and recommending it to couples to read on their own."

—Ronald E. Martin-Minnich, solider, airmen and family ministry

"Let Pam and Bill Farrel share their passion with you for helping men and women connect. *Men Are Like Waffles—Women Are Like Spaghetti* is a gourmet treat for all who want to find unity in their diversity."

—David and Claudia Arp, Authors of *10 Great Dates to Revitalize Your Marriage* and *The Second Half of Marriage*

"A must read for those who want to make bad marriages good and good marriages better."

—Jill Briscoe, author of *Prayer That Works*

#### About the Author

Bill Farrel has been influencing lives for over 25 years as a senior pastor, youth pastor, radio talk show host, community leader, and sought-after conference speaker. Bill is also the author of The 10 Best Decisions a Man Can Make, and he and his wife, Pam, have written more than 35 books, including Men Are Like Waffles--Women Are Like Spaghetti and Red-Hot Monogamy. They have been married more than 30 years and have raised three young men who love Jesus and athletics.

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