

Notes from the Universe: New Perspectives from an Old Friend

By Mike Dooley

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What if the Universe were to send you frequent reminders of the absolute power you have over your life? Author Mike Dooley, an interpreter for the Universe, has done exactly that in *Notes from the Universe*—a collection of empowering, invaluable truths that can be read front to back or opened at random.

This first book in the *Notes from the Universe* trilogy teaches its readers to live a life far richer than they had previously thought imaginable.

The Universe is here to remind us that *we* are in control. To have the life you desire, all you have to do is ask. The secret to manifesting change is not focusing on the *how* but instead, the end result of what you're after—the kind of life *you* want. Then, once you are truly focused, the Universe will conspire on your behalf.

Author Mike Dooley has turned over every stone, knocked on every door, and followed every impulse. He has immersed himself in the truths he needed to hear most; these were the kind of lessons he wrote about in his weekly emails. What started in 1998 as a little poem sent out once a week to 38 email addresses has evolved into an inspiring anecdote delivered to over 300,000 subscribers from 169 countries, each receiving a new note from the Universe five days a week. Mike Dooley serves as an interpreter for the Universe.

Notes from the Universe begins a three-volume set that is brimful with powerful affirmations that will have you thinking positively, feeling confident, and walking the path to personal success.

When readers discover the truths the Universe is unveiling in *Notes from the Universe*, they will begin living happier, more fulfilling lives.

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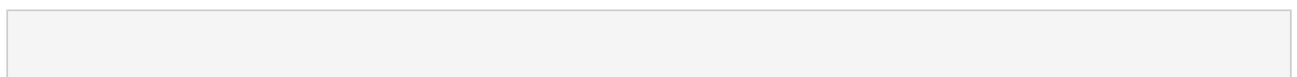
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Editorial Review

Review

"Mike Dooley's *Notes from the Universe* have charged my day with absolute joy more times than I can remember."

- Rhonda Byrne, creator and executive producer of *The Secret*

From the Publisher

If ever there was proof of magic in my life, that I now spend part of every day writing for "the Universe", is it. Not even 4 short years ago, after we closed down the last of the TUT stores and liquidated our remaining inventory, I briefly hit the pavement with my accountant's resume in hand.

Fortunately, no one was hiring (at least not me!), and fortunately again, I had enough money from our T-shirt days to coast awhile. Even more fortunately, I still had a thousand or so people looking forward to receiving my "Monday Morning Motivators" via email each week.

So I decided that as long as I didn't have to work, yet, I'd keep doing the one thing that filled me with the greatest sense of accomplishment and purpose - write. And figure out how to make it pay, later.

Talk about scary. As the months rolled by, there were plenty of nights I tossed, literally in a sweat, thinking "what am I doing with my life? How did I get here? What went wrong? What if I don't make any money at this? What if I have to sell my home? What if I can't find a job, and no one will buy my home? What if? What if? What if...?" And day after day, week after week, month after month, my reserves dwindled and nothing came in.

But I knew a trick. I knew that figuring out "the how's", wasn't really my job, it was the Universe's. I also knew to focus on the end result, the kind of life I wanted, and to get busy turning over every stone, knocking on every door, following every impulse, so that theoretically, at least, the Universe could take care of the details.

Whaaaaa! Has it ever!!! Somehow, during all the knocking and turning and visualizing, I acted on enough hunches and instincts to keep me buoyed with the necessary optimism to press on and not look back. And literally, the next thing I knew, the Adventurers Club was born, a variety of speaking opportunities arose, I produced a major audio program that now sells all over the world, and the Universe began using email. Even today, I look around and can hardly believe the reversal and rise of my good fortune.

I always knew it worked, but the thrill of experiencing it yet again, in spite of my worries, doubts, and frustrations, has been an awesome adventure; one I know everyone deserves and can experience for themselves.

I've learned, once again, that no matter how dark things get, no matter how difficult, if I continue to do my part, the Universe has to do its part - it's the law, and things will turn around.

To the life of your dreams,

Mike Dooley

Publisher/Author

From the Inside Flap

Courageous is the soul who adventures into time and space to learn of their divinity. For while they cannot lose, they can think they have, and the loss will seem intolerable. And while they cannot fail, they can think they have, and the pain will seem unbearable. And while they cannot ever be less than they truly are - powerful, eternal and loved - they can think they are, and all hope will seem lost.

And therein lies their test. A test of perceptions; of what to focus on, of what to believe in, in spite of appearances.

Courageous indeed... the pride of the Universe, and I should know.

Users Review

From reader reviews:

Albert Aucoin:

In this 21st one hundred year, people become competitive in every single way. By being competitive at this point, people have to do something to make these individuals survive, being in the middle of the crowded place and notice by means of surrounding. One thing that at times many people have underestimated it for a while is reading. Yeah, by reading a reserve your ability to survive boost then having chance to stay than other is high. In your case who want to start reading any book, we give you that Notes from the Universe: New Perspectives from an Old Friend book as nice and daily reading book. Why, because this book is usually more than just a book.

Gloria Duncan:

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Raymond Hollander:

Playing with family in a very park, coming to see the water world or hanging out with friends is thing that usually you have done when you have spare time, in that case why you don't try thing that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Notes from the Universe: New Perspectives from an Old Friend, you are able to enjoy both. It is good combination right, you still desire to miss it? What kind of hangout type is it? Oh come on its mind hangout people. What? Still don't obtain it, oh come on its named reading friends.

Cruz Fleury:

Many people spending their time period by playing outside together with friends, fun activity together with family or just watching TV the whole day. You can have new activity to invest your whole day by reading a book. Ugh, ya think reading a book can definitely hard because you have to bring the book everywhere? It ok you can have the e-book, getting everywhere you want in your Touch screen phone. Like Notes from the Universe: New Perspectives from an Old Friend which is finding the e-book version. So , why not try out this book? Let's observe.

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