



Rebuilding: When Your Relationship Ends, 3rd Edition (Rebuilding Books; For Divorce and Beyond)

By Bruce Fisher, Robert Alberti

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How does he know exactly what I'm feeling? That's the most-heard reader comment about this over one million copy bestseller by internationally-renowned divorce therapist Bruce Fisher. *Rebuilding* features Fisher's divorce process rebuilding blocks, a proven nineteen-step process for putting one's life back together after divorce. Clearly the most widely-used approach to divorce recovery, the rebuilding model makes the process healthier and less traumatic for those who are divorcing or divorced and their children. Over two decades of research and practice are combined with feedback from hundreds of thousands of men and women who have used the book on their own or in one of thousands of Fisher divorce recovery seminars worldwide. Also includes Bruce's detailed Healing Separation model first of its kind to offer couples a healing alternative to the usual slide from separation to divorce. *Rebuilding* has consistently been the #1 divorce bestseller at Amazon. com. The 3rd edition, revised with the assistance of psychologist and marriage and family therapist Dr. Robert Alberti, continues Bruce's tradition of straight-to-the-heart response to the needs of his clients and readers. Just the right balance of shoulder-to-cry-on and kick-in-the-pants self-help!

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Editorial Review

Review

"...a handbook for the divorcing and divorced that is authentic and which they can employ in the rebuilding of their own lives." -- **Esther Oshiver Fisher, J.D., *Journal of Divorce***

"...deals with the everyday feelings and problems of the divorcing and divorced... hits just the right balance between seriousness and optimism." -- **Florence Kaslow, Ph.D., *Journal of Marital and Family Therapy***

"I found the book comforting, helpful and realistic it is going to hurt, and it will not be easy, but you can do." -- **Marilyn Anita Dalrymple, *Affaire de Coeur***

"If you're putting your life back together after a divorce, you need this book! It could be just what you're looking for to help you get your life back on track. I found it to be very interesting and informative." -- **Jeanette Wright, *Borger News-Herald*, Borger, Texas**

"One of the best books written for the divorcing person... warm, engaging." -- ***The Behavior Therapist***

"...warm, simple, and direct... this is a book you will not want to put down." -- **A.R.E. Press**

"Shows you how to move from denial to freedom and even another love." -- **Jann Mitchell, *The Sunday Oregonian***

"...exactly what you need to help put your life back together during and after a divorce." -- ***Divorce Magazine***

"I have read it four times and highlighted it in four different colors. I get something very different out of it each time...I have given it to many others...It is so right on about the recovery process that it is amazing." -- **Joy (online review)**

"It made me realize I was not the only person who felt and acted in a certain way when my marriage ended. We all have the same reactions and emotions. The steps to rebuilding your life make sense and should be followed." -- **Linda (online review)**

From the Publisher

Books in the Rebuilding Books series "for divorce and beyond" are written for those going through divorce or rebuilding their lives after divorce. Inspired by the work of renowned divorce therapist, Dr. Bruce Fisher, the Rebuilding Books offer expert information and practical self-help procedures. These straightforward, life-affirming resources can help make the divorce process easier, healthier, and less painful, leading to more-fulfilled lives and stronger "second-time" relationships.

From the Author

"Learn all you can, heal all you can, and stop holding the precious butterfly in your hands so tightly that it can't fly and be free." --Bruce Fisher

"Getting over your divorce will take you a while -- probably a year or more. I know that's not what you want to hear, especially in the age of 'one-minute' and 'chicken soup' cures. But in the real world you won't go

from married person to divorced person to fulfilled independent person in a few weeks, or even a few months. It takes only a few hours to read REBUILDING, but this book can help you cut months off the time it takes to put your life back together." --Robert E. Alberti, Ph.D.

Users Review

From reader reviews:

Elaine Bell:

The experience that you get from Rebuilding: When Your Relationship Ends, 3rd Edition (Rebuilding Books; For Divorce and Beyond) is a more deep you excavating the information that hide inside the words the more you get enthusiastic about reading it. It doesn't mean that this book is hard to be aware of but Rebuilding: When Your Relationship Ends, 3rd Edition (Rebuilding Books; For Divorce and Beyond) giving you thrill feeling of reading. The writer conveys their point in selected way that can be understood by anyone who read that because the author of this reserve is well-known enough. This specific book also makes your personal vocabulary increase well. That makes it easy to understand then can go along with you, both in printed or e-book style are available. We advise you for having this particular Rebuilding: When Your Relationship Ends, 3rd Edition (Rebuilding Books; For Divorce and Beyond) instantly.

Pete Plaisance:

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Randy Caldera:

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Jeff Weaver:

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