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Severe Personality Disorders: Psychotherapeutic Strategies

By Otto F. Kernberg



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In this important book, one of the world's foremost psychoanalysts provides the clinician with tools to diagnose and treat severe cases of personality disorder, including borderline and narcissistic structures. Dr. Kernberg not only describes techniques he has found useful in clinical practice but also further develops theories formulated in his previous work and critically reviews other recent contributions.

"A splendid book . . . of great value for anyone involved in psychotherapy with patients suffering from one or another variety of personality disorder, as well as for anyone who is teaching or doing research in this field. . . . An outstandingly fine and valuable book.—Harold F. Searles, M.D., *Journal of Nervous and Mental Disease*

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