



The 8th Habit Personal Workbook: Strategies to Take You from Effectiveness to Greatness

By Stephen R. Covey

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From Stephen R. Covey, bestselling author of *The 8th Habit: From Effectiveness to Greatness*, comes the accompanying personal workbook that will help you further realize the power of this new habit. The world has changed dramatically since Covey's classic *The 7 Habits of Highly Effective People* was published. The challenges we all face in our relationships, families, professional lives and communities are of an entirely new order of magnitude. In order to thrive in what Covey calls the new Knowledge Worker Age, we need to build on and move beyond effectiveness -- to greatness. Accessing the higher reaches of human genius and motivation in today's reality requires a whole new habit.

The questionnaires, tests, self-assessments, and other exercises in this workbook provide a hands-on approach to developing the mind-set, skill-set and tool-set for achieving greatness in the Knowledge Worker Age. The 8th Habit will transform the way you think about yourself and your purpose in life, about your organization and about humankind.

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Editorial Review

Review

"Stephen Covey has long been a sure-footed guide to those desiring to better themselves. *The 8th Habit* shows how to climb to the summit of fulfillment and achievement."

-- Steve Forbes, President and CEO of Forbes and Editor in Chief of *Forbes Magazine*

About the Author

Recognized as one of *Time* magazine's twenty-five most influential Americans, Stephen R. Covey (1932–2012) was an internationally respected leadership authority, family expert, teacher, organizational consultant, and author. His books have sold more than twenty-five million copies in thirty-eight languages, and *The 7 Habits of Highly Effective People* was named the #1 Most Influential Business Book of the Twentieth Century. After receiving an MBA from Harvard and a doctorate degree from Brigham Young University, he became the cofounder and vice chairman of FranklinCovey, a leading global training firm.

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