



# Appreciative Inquiry for Collaborative Solutions: 21 Strength-Based Workshops

By Robyn Stratton-Berkessel

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A practical resource for facilitators who want to introduce positive, strength-based perspectives into their work and trainings, this book provides an overview of Appreciative Inquiry's positive psychology and strength-based change methods. Author Robyn Stratton-Berkessel explores basic principles and practices, shows you how to incorporate AI into existing work, and offers practical advice for designing new trainings. She provides a variety of ready-to-deliver workshops on topics such as leadership, diversity, technology, creativity, change, innovation, learning, collaboration, coaching, and team-building. In addition, she suggests how to make the outcomes of an Appreciative Inquiry session stick and what it takes to make these valuable approaches self-sustaining.

A first in the field of Appreciative Inquiry, this important resource provides twenty one ready-to-use workshops for facilitators, leaders, consultants, and trainers who want to empower others in creating collaborative solutions.

"What you learn in a single book can change everything. Appreciative Inquiry for Collaborative Solutions is Robyn Stratton-Berkessel at her very best?helping all of us open ourselves to our best selves, envision possibilities, and get in touch with our own and other's strengths. A brilliantly applied book?with over 21 workshops ready for prime time delivery?helping leaders tap the revolutionary power of appreciative inquiry or "AI" for creating value for customers, suppliers, team members, shareholders, and families. Are you ready to walk on the strengths-based side of organization development and leadership? This inspiring volume will propel you upward step by step?it takes AI from concept to reality in an eloquent, empowering, and utterly engaging way."

?David Cooperrider, Fairmount Minerals Professor at Case Western Reserve University's Weatherhead School of Management

"Both inspiring and highly practical, this book will be an invaluable and no doubt well-thumbed addition to your library of Appreciative Inquiry resources, whether you are a novice or an experienced practitioner!"

?Sue James, partner, BJ Seminars

"Ms. Stratton-Berkessel's work leaves the reader with a clear understanding of

why Appreciative Inquiry is such a powerful change model. Those new to Appreciative Inquiry will marvel at her unique explanation of the 'phases' of Appreciative Inquiry. Those more familiar with Appreciative Inquiry will enjoy her explanations and examples."

?Timothy Germany, commissioner, Federal Mediation and Conciliation Service

"A practical approach grounded in personal experience...[this book] shows that Appreciative Inquiry is not a luxury but a necessity for organizational success."  
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### Editorial Review

From the Back Cover

#### **Appreciative Inquiry for Collaborative Solutions: 21 Strength-Based Workshops**

Appreciative Inquiry (AI) offers consultants, change agents, and training professionals a powerful, life-centric approach to leading and facilitating change. This innovative approach taps into the need for more positive and engaging ways to advance communication, relationships and results within organizations. As a participatory method, it encourages all organizational members, employees and leaders alike to work side by side to envision corporate goals and share ideas and action plans on how best to achieve them.

*Appreciative Inquiry for Collaborative Solutions* is a practical resource for facilitators who want to introduce positive, strength-based perspectives into their work and trainings. This book provides an overview of Appreciative Inquiry's positive psychology and strength-based change methods. It explores basic principles and practices, shows how to incorporate AI into existing work, and offers practical advice for designing new trainings. In addition, the author provides a variety of ready-to-deliver workshops on topics such as leadership, diversity, technology, creativity, change, innovation, learning, collaboration, coaching, and team-building. The author also suggests how to make the outcomes of an Appreciative Inquiry session stick, and also, what it takes to make these valuable approaches self-sustaining.

This important resource is a first in the field of Appreciative Inquiry as it provides twenty one ready-to-use workshops for facilitators, leaders, consultants, and trainers who want to empower others in creating collaborative solutions.

"What you learn in a single book can change everything. *Appreciative Inquiry for Collaborative Solutions* is Robyn Stratton-Berkessel at her very best—helping all of us open ourselves to our best selves, envision possibilities, and get in touch with our own and other's strengths. A brilliantly applied book—with over 21 workshops ready for prime time delivery—helping leaders tap the revolutionary power of appreciative inquiry or "AI" for creating value for customers, suppliers, team members, shareholders, and families. Are you ready to walk on the strengths-based side of organization development and leadership? This inspiring volume will propel you upward step by step—it takes AI from concept to reality in an eloquent, empowering, and utterly engaging way."

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#### About the Author

**Robyn Stratton-Berkessel** is founder and president of L.I.T. Global ([www.positivematrix.com](http://www.positivematrix.com)). She has 25 years in organization design and development, executive coaching, facilitation and corporate training within Fortune 500 companies internationally. As designer and facilitator, she specializes in Appreciative Inquiry to unleash the power of participation, engagement and collaboration.

### Users Review

#### From reader reviews:

##### **Kristy Taylor:**

Why don't make it to be your habit? Right now, try to ready your time to do the important work, like looking for your favorite e-book and reading a e-book. Beside you can solve your long lasting problem; you can add your knowledge by the guide entitled Appreciative Inquiry for Collaborative Solutions: 21 Strength-Based Workshops. Try to the actual book Appreciative Inquiry for Collaborative Solutions: 21 Strength-Based Workshops as your close friend. It means that it can being your friend when you feel alone and beside that of course make you smarter than before. Yeah, it is very fortuned to suit your needs. The book makes you much more confidence because you can know every thing by the book. So , let me make new experience as well as knowledge with this book.

##### **Edward Shaw:**

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