



Hard to Love: Understanding and Overcoming Male Borderline Personality Disorder

By Joseph Nowinski

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Borderline Personality Disorder (BPD) in men is often misdiagnosed and typically leads to either no treatment or the wrong treatment. This is the first book to address this under-recognized problem. It contains symptoms and causes, as well as treatment, targeted to men who suffer from BPD.

Joseph Nowinski, PhD, is a clinical psychologist in private practice and the author of numerous books. His most recent books include *Saying Goodbye: A Guide to Coping with a Loved One's Terminal Illness* and *Almost Alcoholic: Is My (Or My Loved One's) Drinking a Problem?*

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Editorial Review

About the Author

Joseph Nowinski, PhD is a clinical psychologist in private practice. He is the author of numerous books for professionals and the general public. He is the principal author of *Twelve Step Facilitation Therapy*, which is listed in the prestigious National Registry of Evidence-based Programs and Practices. Dr. Nowinski's most recent books include *Saying Goodbye: A Guide to Coping with a Loved One's Terminal Illness* and *Almost Alcoholic: Is My (Or My Loved One's) Drinking a Problem?*

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