



How Not to Stay Single: 10 Steps to a Great Relationship

By Nita Tucker, Randi Moret

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How Not to Stay Single is a step-by-step program full of helpful hints, explicit goal-setting instructions, eye-opening anecdotes, and motivational thoughts. Each chapter includes an action plan--actual assignments for the reader to complete as part of the process of gaining confidence, improving self-esteem, and increasing dating opportunities. Readers are asked to apply the same principles to finding a mate that have gotten them ahead in business: planning, perseverance, effort, and time.

This results-oriented book teaches you that wanting a relationship is nothing to be ashamed of, that staying in a dead-end relationship will keep you from finding a thriving one, that there are simple and effective ways to increase the odds of meeting the right kind of people, and that you're a good catch and you shouldn't hide it.

How Not to Stay Single presents a unique plan of action for finding that elusive, emotionally fulfilling attachment. It shows you how to stop waiting for a relationship and how to start making it happen. Unlike other relationship books, this book is about changing what you're doing, not about changing you.

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Editorial Review

From the Inside Flap

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About the Author

Nita Tucker has been presenting her popular one-evening seminar, **How Not to Stay Single**, to sold-out audiences in cities across the United States. Tucker has appeared on national talk shows such as Oprah!, Sally Jessy Raphael, and Sonya Live, and now **How Not to Stay Single** will finally bring to its widest audience yet her amazingly successful formula for finding a successful, romantic relationship.

Users Review

From reader reviews:

Blanche Watson:

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Teresa Graham:

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