



Brief Counselling: A Practical Integrative Approach

By Colin Feltham

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In the rapidly maturing profession of counselling, this book's sensitivity to time as a precious resource, clients' perceptions, evidence-based guidelines and integration of some of the best thinking from several counselling models make it an ideal core text for beginners and reflective practitioners.

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Review

"This book is an invaluable guide for those practitioners who want to monitor and review the ways in which they can employ brief/time limited counselling and evaluate their own practice." - Ian Horton "This very readable book was long overdue. It informs the beginner and experienced counsellor how to undertake brief counselling, step by step, from orientating the client to counselling." - Stephen Palmer "...a very practical guide to every step in counselling practice." -Journal of Interprofessional Care "...essential reading for anyone who is thinking of going into private practice or who is considering taking up a full-time position as a counsellor." - Counselling "...a detailed and practical guide on the management of casework, useful to counsellors working in private practice or in an organisational setting." - Relate "...a good buy for the student who aims to develop his or her skills in counselling." - Nursing Times

About the Author

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