



# Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places

By Steve Brill, Evelyn Dean

Download now

Read Online ➔

**Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places** By Steve Brill, Evelyn Dean

*Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places* shows readers how to find and prepare more than five hundred different plants for nutrition and better health, including such common plants as mullein (a tea made from the leaves and flowers suppresses a cough), stinging nettle (steam the leaves and you have a tasty dish rich in iron), cattail (cooked stalks taste similar to corn and are rich in protein), and wild apricots (an infusion made with the leaves is good for stomach aches and digestive disorders).

More than 260 detailed line drawings help readers identify a wide range of plants -- many of which are suited for cooking by following the more than thirty recipes included in this book. There are literally hundreds of plants readily available underfoot waiting to be harvested and used either as food or as a potential therapeutic. This book is both a field guide to nature's bounty and a source of intriguing information about the plants that surround us.

⬇ [Download Identifying and Harvesting Edible and Medicinal Pl ...pdf](#)

📖 [Read Online Identifying and Harvesting Edible and Medicinal ...pdf](#)

# Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places

*By Steve Brill, Evelyn Dean*

**Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places** By Steve Brill, Evelyn Dean

*Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places* shows readers how to find and prepare more than five hundred different plants for nutrition and better health, including such common plants as mullein (a tea made from the leaves and flowers suppresses a cough), stinging nettle (steam the leaves and you have a tasty dish rich in iron), cattail (cooked stalks taste similar to corn and are rich in protein), and wild apricots (an infusion made with the leaves is good for stomach aches and digestive disorders).

More than 260 detailed line drawings help readers identify a wide range of plants -- many of which are suited for cooking by following the more than thirty recipes included in this book. There are literally hundreds of plants readily available underfoot waiting to be harvested and used either as food or as a potential therapeutic. This book is both a field guide to nature's bounty and a source of intriguing information about the plants that surround us.

**Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places** By Steve Brill, Evelyn Dean **Bibliography**

- Sales Rank: #19145 in Books
- Brand: Harper Collins Publishers
- Published on: 1994-05-20
- Released on: 1994-05-20
- Original language: English
- Number of items: 1
- Dimensions: 11.00" h x .84" w x 8.50" l, 1.75 pounds
- Binding: Paperback
- 336 pages

 [Download Identifying and Harvesting Edible and Medicinal Pl ...pdf](#)

 [Read Online Identifying and Harvesting Edible and Medicinal ...pdf](#)

## **Download and Read Free Online Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean**

---

### **Editorial Review**

#### **From the Back Cover**

Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places shows reader how to find and prepare more than five hundred different plants for nutrition and better health, including such common plants as mullein (a tea made from the leaves and flowers suppresses a cough), stinging nettle (steam the leaves and you have a tasty dish rich in iron), cattail (cooked stalks taste similar to corn and are rich in protein), and wild apricots (an infusion made with the leaves is good for stomachaches and digestive disorders). More than 260 detailed line drawings help readers identify a wide range of plants - many of which are suited for cooking by following the more than thirty recipes included in this book. There are literally hundreds of plants readily available underfoot waiting to be harvested and used either as food or as a potential therapeutic. This book is both a field guide to nature's bounty and a source of intriguing information about the plants that surround us.

#### **About the Author**

Naturalist-Author "Wildman" Steve Brill has been leading public foraging tours in parks throughout the greater New York area since 1982. He works with schools, day camps, environmental organizations, museums, parks departments, nature centers, scouts, garden clubs, and educational farms, from March to December.

His Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not-So-Wild) Places (HarperCollins Publishers, 1994) is considered a classic on the subject. His innovative Wild Vegan Cookbook (Harvard Common Press, 2002) is changing the way people think of preparing gourmet food. His Shoots and Greens of Early Spring in Northeastern North America (self-published, 1986 and 2008) teaches people how the foraging season begins, and his Foraging With the Wildman DVD series, along with the website he created, is showing people how it's all done. But he's still best known for having been handcuffed and arrested by undercover New York City park rangers for eating a dandelion in Central Park!

### **Users Review**

#### **From reader reviews:**

#### **Mildred Miller:**

A lot of people always spent their particular free time to vacation or even go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity here is look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent all day long to reading a book. The book Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places it is rather good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. If you did not have enough space to create this book you can buy typically the e-book. You can m0ore very easily to read this book through your smart phone. The price is not very costly but this book provides high quality.

**Allen Scheiber:**

Exactly why? Because this Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places is an unordinary book that the inside of the e-book waiting for you to snap that but latter it will shock you with the secret that inside. Reading this book beside it was fantastic author who all write the book in such awesome way makes the content interior easier to understand, entertaining method but still convey the meaning totally. So , it is good for you because of not hesitating having this anymore or you going to regret it. This excellent book will give you a lot of gains than the other book possess such as help improving your ability and your critical thinking method. So , still want to hold off having that book? If I were you I will go to the e-book store hurriedly.

**Amy Zambrano:**

Your reading 6th sense will not betray anyone, why because this Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places book written by well-known writer we are excited for well how to make book that can be understand by anyone who have read the book. Written inside good manner for you, leaking every ideas and producing skill only for eliminate your personal hunger then you still hesitation Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places as good book not only by the cover but also from the content. This is one guide that can break don't assess book by its protect, so do you still needing another sixth sense to pick this kind of!? Oh come on your reading through sixth sense already told you so why you have to listening to an additional sixth sense.

**Mary Gobeil:**

In this period of time globalization it is important to someone to find information. The information will make a professional understand the condition of the world. The health of the world makes the information easier to share. You can find a lot of recommendations to get information example: internet, newspapers, book, and soon. You can see that now, a lot of publisher which print many kinds of book. The particular book that recommended to you personally is Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places this e-book consist a lot of the information from the condition of this world now. This book was represented so why is the world has grown up. The words styles that writer require to explain it is easy to understand. Often the writer made some study when he makes this book. Honestly, that is why this book appropriate all of you.

**Download and Read Online Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean #GLQHTUWC2JF**

# **Read Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean for online ebook**

Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean books to read online.

## **Online Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean ebook PDF download**

**Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean Doc**

**Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean Mobipocket**

**Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean EPub**

**GLQHTUWC2JF: Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places By Steve Brill, Evelyn Dean**