



# NLP Belief Buster Cards

*By Jamie Smart*

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This latest card deck contains 52 language patterns and 52 belief-changing questions and is an ideal way to learn 'Sleight of Mouth' NLP patterns. Robert Dilts coined the phrase after seeing Richard Bandler use a system of re-framing patterns that were like doing 'sleight of hand' with beliefs. The resulting patterns are presented in these cards alongside other valuable language structures for shifting beliefs conversationally. The cards include

A tool for uncovering the unconscious structure of a belief

A tool that reveals their unconscious obstacles

A pattern for bringing the consequence of a belief into awareness

A pattern for directing a person's attention to the larger outcome and purpose

A tool for finding out where out-of-date 'rules' came from, and much more.

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### Editorial Review

#### About the Author

Jamie Smart is one of the UK's finest Neuro-Linguistic Programming trainers, and MD of Salad. Salad is an NLP Training company and one of the world's leading source of products for developing NLP skills. He believes that people are capable of far more than they think they are, and that changing your beliefs and attitudes is the fastest way to move towards the success and fulfillment you desire. Jamie is passionate about people, happiness and language, and is the creator of Ericksonian Hypnosis Cards, NLP Coaching Cards, and Irresistible Influence Cards, the fastest way there is to learn the language of NLP. His weekly NLP Tips newsletter is read by over 30,000 coaches, managers, therapists and personal development enthusiasts worldwide.

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