



The Secret of Dreams

By Yacki Raizizun

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The Secret of Dreams By Yacki Raizizun

Dreams afford a separation of body and soul. As soon as the senses become torpid, the inner man withdraws from the outer. There are three different ways which afford this separation. First, natural sleep. Second, induced sleep, such as hypnotism, mesmerism, or trance. Third, death. Raizizun's book, *The Secret of Dreams*, explores of the nature of dreams, various types of dreams, the nature of the dreamer, and existential subjects like clairvoyance and how to achieve a higher consciousness. The book is now considered a spiritual classic. Raizizun wrote that dreams fall under four classifications: 1. Physical Stimulus. 2. Subconscious memory. 3. Telepathy. 4. The Actual Astral experience of the Ego or Soul in the Astral region. Raizizun insists that with practice, a person can consciously remove themselves from their body and look down on themselves while asleep. While Freud's *Interpretation of Dreams* is primarily a psychological thesis on dreams, *The Secret of Dreams* is a mystical article about the supernatural aspects of human's minds and souls. Still lauded by spiritualists and occultists, *The Secret of Dreams* is provides interesting insight into the idea of psychic thought. Raizizun is also the author of *Breathing Exercise*, *The Psychology of Success*, and *Reincarnation Lecture*. Title: *The Secret of Dreams* Author: Yacki Raizizun ISBN: 9781775420330 Version: Unabridged Language: English Reader: Solo Female Format: MP3 Audio CD Tracks / Chapters: 3 Chapters Total running time: 00:43:06

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Thelma Scott:

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