



Choosing the Simply Luxurious Life: A Modern Woman's Guide

By Shannon Ables

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How can you have a rich and fulfilling life? The choices you make, not your income or financial assets, are the most powerful determining factor for your quality of life. Women have never had so many options. Yet we often experience a kind of paralysis, an unconscious willingness to follow societal dictates rather than become the CEOs of our own lives. When we mindlessly follow the dots, we smother our innate gifts and miss opportunities to fulfill our true potential. There is another way—choosing to live a simply luxurious life. This book will show you how to invest your time and what to eliminate from your life. It will enable you to:

- Design a life of purpose that is aligned with your passions and talents
- Become financially independent
- Enjoy cultivating a healthy mind and body
- Build and maintain strong, loving relationships
- Create a chic, timeless signature style
- Design a comfortable home that is a true sanctuary
- Travel in comfort and style
- Discover simple pleasures that make each day something to look forward to

You can curate the life of your dreams by being purposeful and selective, no matter where you live, your income, or your relationship status. Luxury and true fulfillment are ours for the having if we know where to look and how to make the right choices.

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Discover simple pleasures that make each day something to look forward to You can curate the life of your dreams by being purposeful and selective, no matter where you live, your income, or your relationship status. Luxury and true fulfillment are ours for the having if we know where to look and how to make the right choices.

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Editorial Review

About the Author

Shannon Ables founded the internationally recognized lifestyle blog The Simply Luxurious Life in 2009 which inspired her first book - Choosing the Simply Luxurious Life: A Modern Woman's Guide. With a bachelors in English from Western Oregon University and a Masters in Education from University of Oregon, it was her study abroad experience in Angers, France, that instigated her appreciation for simple luxury - preferring quality over quantity in all areas of her life. Teaching high school English and social sciences in Oregon for more than 12 years, she also works full time on TSLI blog and is the creator and host of the podcast The Simple Sophisticate.

Users Review

From reader reviews:

Jeffrey Brown:

Spent a free a chance to be fun activity to try and do! A lot of people spent their free time with their family, or their own friends. Usually they performing activity like watching television, likely to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Can be reading a book can be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to try look for book, may be the publication untitled Choosing the Simply Luxurious Life: A Modern Woman's Guide can be fine book to read. May be it can be best activity to you.

Scott Halpin:

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