



Killer Cure

By Elizabeth L. Bewley

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Killer Cure By Elizabeth L. Bewley

Killer Cure will change forever how you think about your health and health care. Leaving conventional wisdom in the dust, Killer Cure reveals startling and unforgettable insights:

- Why health care in America accidentally kills 12,000 people each week -- even though every doctor and nurse you know is terrific
- Why health care's hidden assumptions about you are almost certain to damage your health -- and what you can do about it
- Why health care's focus on solving yesterday's problems may reduce life expectancy in the U.S. -- by as much as five years
- Why you might want to become CEO of your own health and health care -- and how to go about it

The root cause of America's health care crisis is that health care is not about you. Health care is not designed to help you enjoy good health. It is designed to help doctors take action: write prescriptions, perform surgery, etc. That focus hurts you in two ways:

- First, those actions are likely to damage you nearly as often as they help you because of side effects, complications, and other problems with care delivery. For example, hospital ICUs (Intensive Care Units) have a remarkable number of characteristics in common with prison camps for terrorist suspects. People die needless deaths as a result.
- Second, the focus on actions the doctor takes crowds out actions you could take that would often get you better outcomes. For example, more than 100,000 people a year get a foot or leg amputated instead of learning simple ways to prevent foot infections in the first place.

To get better results, the health care system first needs to embrace a new purpose: to enable people to lead the lives they want. Three further changes are necessary:

- The first is a social revolution akin to freeing the slaves or granting women the right to vote. With this revolution, the health care system will no longer treat the people it serves as if they were second-class citizens whose intelligence, values, priorities, and needs can safely be ignored while others call the shots.
- The second is more realistic expectations about what health care can deliver.

- The third is management of health care as a process -- connecting the dots among actions that are uncoordinated today.

Killer Cure provides a tool kit to help you safeguard your life until these changes take place. Before closing, the book makes surprising predictions concerning a future in which health care is about you. At the end of Killer Cure is a Readers' Discussion Guide. It is offered to aid you in thinking about and discussing both the book and your own health care experiences.

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Editorial Review

From Publishers Weekly

In this call for change, Bewley advocates converting the health care system from one that venerates doctors as infallible sources of knowledge to one in which patients are legitimate partners in recovery. She outlines numerous changes doctors can make to improve patient care, from truly listening to patients who have nonstandard symptoms to considering drug choices more carefully and promptly returning phone calls. With a genuine commitment to improving health care, Bewley, who includes useful statistics, references, and a guide for further reading, also offers excellent suggestions to patients: keep your own health records, ask questions, don't revere your doctor. In this well-written if slightly repetitive polemic, the task of reforming the health care system falls primarily to medical professionals, which may be problematic, as doctors will be far less inclined to read Bewley's book. As Bewley points out, health care reform isn't just about controlling costs, it's also about improving overall care.

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Users Review

From reader reviews:

Seth Sawyer:

Have you spare time to get a day? What do you do when you have far more or little spare time? That's why, you can choose the suitable activity with regard to spend your time. Any person spent their particular spare time to take a move, shopping, or went to the actual Mall. How about open or perhaps read a book entitled Killer Cure? Maybe it is to get best activity for you. You know beside you can spend your time with the favorite's book, you can better than before. Do you agree with it has the opinion or you have different opinion?

Donald Chen:

This book untitled Killer Cure to be one of several books in which best seller in this year, this is because when you read this book you can get a lot of benefit into it. You will easily to buy this book in the book shop or you can order it via online. The publisher with this book sells the e-book too. It makes you more easily to read this book, as you can read this book in your Cell phone. So there is no reason for you to past this guide from your list.

Gary Jensen:

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one more sixth sense.

Gregory Kile:

In this era which is the greater man or woman or who has ability in doing something more are more important than other. Do you want to become one of it? It is just simple solution to have that. What you have to do is just spending your time little but quite enough to get a look at some books. On the list of books in the top list in your reading list is usually Killer Cure. This book which can be qualified as The Hungry Mountains can get you closer in becoming precious person. By looking way up and review this guide you can get many advantages.

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