



## Tea with Jane Austen: Recipes inspired by her novels and letters

By Pen Vogler

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**Tea with Jane Austen: Recipes inspired by her novels and letters** By Pen Vogler

**Enjoy a cup of tea and a slice of cake with one of the world's favorite novelists**

Inspired by the novels and letters of Jane Austen, this collection of cakes, bakes, and pastries is based on authentic recipes from the Regency era, which have been fully updated for modern-day cooks. In Jane Austen's day, tea and cakes were usually served after dinner, or to evening guests, but these rolls, buns, tarts, and biscuits will be equally welcome at breakfast, with mid-morning coffee, or for an English afternoon tea. Recipes featured in the book include: English Muffins, based on the muffins served with after-dinner tea in "Pride and Prejudice"; Buttered Apple Tart as offered by Mr. Woodhouse to Miss Bates in "Emma"; and Jumbles, inspired by the cookies enjoyed by Fanny in "Mansfield Park". From Plum Cake and Gingerbread to Ratafia Cakes and Sally Lunn's "Tea with Jane Austen" has all the recipes you need to create the finest tea time treats, and the original recipes are given alongside, so you can compare them and appreciate modern time-savers such as dried yeast, and electric mixers all the more!

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### **Editorial Review**

#### **About the Author**

Pen Vogler has written about food history for the press and edited Penguin's Great Food series. She has recreated recipes from the past for BBC television, and writes about them on her blog, Pen's Great Food Club ([greatfoodclub.tumblr.com](http://greatfoodclub.tumblr.com)). Pen is the author of 'Dinner with Mr Darcy', also published by CICO Books. She lives in Hertfordshire, UK.

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