



# Emergence: Seven Steps for Radical Life Change

By Derek Rydall

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## Emergence: Seven Steps for Radical Life Change By Derek Rydall

In his bestselling book *Emergence*, Derek Rydall helps you throw aside the self-help books and recognize one simple, radical truth: the answer is already in you.

The harder we try to change, the deeper in the hole we get. We find a new partner but have the same old fights. We strive for an ever-bigger paycheck but end up broke at a higher income bracket.

This is what happens when the basic principle of life—the Law of Emergence—is disrupted, stopping you from knowing that you are the perfect you. Like an acorn is a perfect acorn that becomes a perfect oak tree, there is not a part of you from beginning to end that isn't exactly what you should be.

The Law of Emergence provides the foundation to re-engage with this ancient principle. In this seven-stage framework, spiritual life coach Derek Rydall shows that we aren't lacking anything; everything we need to fulfill our full potential is already inside us.

Backed by an ancient truth that has largely been lost, Rydall changes the conversation around how to achieve your potential by showing you how to activate the genius already in you and empower your purpose in life.

If you are struggling to improve something about yourself—your health, your mindset, your relationships, then *Emergence* is the book and Derek is the teacher you have been waiting for.

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