



Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent

By Lois Ruskai Melina

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In this completely revised and updated edition of *Raising Adopted Children*, Lois Melina, editor of *Adopted Child* newsletter and the mother of two children by adoption, draws on the latest research in psychology, sociology, and medicine to guide parents through all stages of their child's development. Melina addresses the pressing adoption issues of today, such as open adoption, international adoption, and transracial adoption, and answers parents' most frequently asked questions, such as:

- How will my child "bond" or form attachments to me?
- When and how should I tell my child that he was adopted?
- What should schools be told about my child?
- Will adoption make adolescent upheavals more complicated?

Up-to-date, sensitive, and clear, *Raising Adopted Children* is the definitive resource for all adoptive parents and concerned professionals.

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Editorial Review

Amazon.com Review

"Some people may describe adoption as *difficult*; others simply describe it as *different*. I am inclined to think of it as complex," writes Lois Ruskai Melina in the updated, revised *Raising Adopted Children: Practical, Reassuring Advice for Every Adoptive Parent*.

Adoption practices have evolved considerably since this book's first publication in 1986, and the new version of the "Dr. Spock for adoptive parents" reflects the latest theories. Drawing on the findings and practices of pediatricians, social workers, scientists, and adoptive parents, *Raising Adopted Children* is carefully and thoroughly researched. Chapters on open adoption, international adoption, and transracial adoption are combined with advice on bonding and attachment, breast-feeding an adoptive infant (possible but complicated), dealing with schools, privacy issues, adopting a child with disabilities, adopting as a single parent, and the challenges of adolescence. While Melina's many years of professional and personal experience shape her advice, she remains very evenhanded. For example, she's a strong proponent of the "early telling" theory of adoption (being open about the adoption with the child from the beginning), but she also clearly presents other points of view, and, throughout the book, encourages parents to make decisions that feel right for them.

The text includes specific suggestions for explaining a child's birth circumstances, including common misconceptions, and a valuable discussion about whether adoptees are at greater risk for behavior problems or learning disabilities. She also provides suggestions for setting rules for contact with biological parents, easing grief, and acknowledging a child's history. A completely annotated list of selected references and resources rounds out this superior guide. --*Ericka Lutz*

From Library Journal

In this comprehensive exploration of adoption issues (bonding and attachment, family adjustment, contact with biological relatives, etc.), the authoran adoptive parent and the editor of Adopted Child newsletteraims for a wide audience: parents, adoptees, and related professionals. Unfortunately, instead of including personal experiences, she takes a plodding though informative textbook approach that combines practical advice (making "Life books") with controversial suggestions (using "Toughlove" for discipline). Still, this is a helpful parenting guide that complements Edmund Blair Bolles's *The Penguin Adoption Handbook* (LJ 4/15/84) and Lois Gilman's *The Adoption Resource Book* (LJ 3/1/85). Janice Arenofsky, formerly with Arizona State Lib., Phoenix

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From the Back Cover

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Users Review

From reader reviews:

Michelle Carlson:

Do you have favorite book? When you have, what is your favorite's book? Book is very important thing for us to learn everything in the world. Each publication has different aim or maybe goal; it means that guide has different type. Some people sense enjoy to spend their time to read a book. These are reading whatever they have because their hobby is usually reading a book. How about the person who don't like studying a book? Sometime, particular person feel need book if they found difficult problem or maybe exercise. Well, probably you will need this Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent.

Gerald Kelly:

The book untitled Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent is the guide that recommended to you to read. You can see the quality of the guide content that will be shown to anyone. The language that writer use to explained their way of doing something is easily to understand. The author was did a lot of exploration when write the book, therefore the information that they share for you is absolutely accurate. You also could possibly get the e-book of Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent from the publisher to make you more enjoy free time.

Omer Brown:

Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent can be one of your beginner books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that will increase your knowledge in vocabulary, easy to understand, bit entertaining but nonetheless delivering the information. The article author giving his/her effort to set every word into pleasure arrangement in writing Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent but doesn't forget the main position, giving the reader the hottest and based confirm resource data that maybe you can be one of it. This great information can easily drawn you into fresh stage of crucial pondering.

Charles Whittaker:

On this era which is the greater person or who has ability in doing something more are more valuable than other. Do you want to become considered one of it? It is just simple strategy to have that. What you have to

do is just spending your time very little but quite enough to enjoy a look at some books. One of many books in the top collection in your reading list is actually Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent. This book that is qualified as The Hungry Hills can get you closer in turning out to be precious person. By looking upward and review this book you can get many advantages.

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