



The Good Housekeeping Step-by-Step Cookbook: More Than 1,000 Recipes * 1,800 Photographs

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More than 1,800 photos, 1000 time-tested recipes, and the backing of America's most trusted authority on food: The Good Housekeeping Institute. What more could a beginning cook want? How about hundreds of techniques, all invitingly illustrated? From stuffing a beef tenderloin to fluting a pie crust, this welcoming cookbook shows you in detail how to make perfect meals. Try American favorites like chili meat loaf; Mediter-ranean dishes like couscous stuffed artichokes; Asian gourmet like Salmon Teriyaki; holiday feasts and delicious desserts—including baklava, biscotti, and sweet crepes.

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Editorial Review

Review

This is the largest full-color Good Housekeeping cookbook ever published, with over 1,000 recipes and 1,800 photographs, giving step-by-step how-to information on every aspect of food. The test kitchens of Good Housekeeping Institute guarantee that all the recipes are top notch: appetizers, meat, fish and poultry, pastas and breads, vegetables, soups and desserts. Nutritional information, menu-planning, food history, equipment and cooking charts are also included. Once you start cooking with this book, you'll wonder how you managed without it. -- *Adventures in Dining, Winter 1998*

With more than 1,000 recipes and 1,800 color photographs, "The Good Housekeeping Step-by-Step Cookbook" is "not be missed - this book is fabulous," says Kitchen Glamour's Toula Patsalis. The photos are practical and instructive, showing how a dish should look at key points in its preparation. This is great for beginning cooks. -- *Detroit Free Press, November 19, 1997*

About the Author

For more than twenty years Susan Westmoreland has been working with or writing about food. She has been Food Director at Good Housekeeping magazine since 1995. Prior to joining the magazine, she was Associate Food Editor at Ladies Home Journal for six years and before that, worked for Seventeen, Glamour, and Cuisine. Before entering the magazine world, she was a chef in Massachusetts, New York, and Greece. She received a Certificate of Merit from London's Cordon Bleu Cookery School in 1975. She lives in Brooklyn with her husband and son.

From The Washington Post

This well-photographed, tremendously useful book from the popular 112-year-old magazine mirrors many changes in American cooking and eating in the past decade or so. Start with the notion that the public wanted and needed a (not inexpensive) step-by-step cookbook: "We've been hearing for the past four or five years about culinary illiteracy," says Susan Westmoreland, the magazine's food director and head of the large team that put the book together. "But there's an interest coming back." Why? "We want to be competent at everything we do," she observes, "and one of those things is taking care of your family."

The book's approach assumes: 1) supermarket shopping, and 2) a mostly non-urban reading public that includes young mothers as well as the folks who've subscribed to Good Housekeeping for 30 to 40 years. Good Housekeeping has discovered that today's homemakers, who often hold down jobs as well, are probably different from their mothers: They're afraid of roasts (and therefore need to be taught) but also want to stir-fry and grill (so those instructions are needed too). And they're willing to experiment with ethnic flavorings but are not likely to mail-order ingredients (nevertheless, a small source list is provided).

This book includes information on just about everything a home cook needs: equipment, food safety and storage, solid recipes-the works. There are even unexpected but highly useful non-recipe driven photographs, like what a portion size looks like and how to set a proper table. A glossary takes the reader from "al dente" to "zest" and includes both simple ("simmer") and more sophisticated ("eau-de-vie") terms. Not all the recipes have step-by-step photos, but enough do to promote basic cooking confidence. After she looked at the book in search of pictures for this week's front page, the Food section's art director was so encouraged she bought it on her way home.

The triple-tested recipes, for both gas and electric stoves, range from American standards to ethnic foods made familiar by restaurant eating (think quesadillas, bouillabaisse, Italian seafood salad).

Users Review

From reader reviews:

Annette Carroll:

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